



VOLUME 3 ISSUE 4
OCTOBER 1, 2021

What's on
campus?

October 5th – U.S. National Pumpkin Seed Day!

[Navigating resources
and supports for
international students](#)

Oct 4th
1:30-2:30 PM CST
[Sign-up here](#)

[Hands-on Help:
Initial study permit
application outside of
Canada](#)

Oct 6th
1:00-3:00 PM CST
[Register Here](#)

[Part-Time English
evening program](#)

Do you have family or
friends who would like
extra speaking practice?
There is a class starting
in October!

[Email us for more
details!](#)



While not official in Canada, in the United States, the first Wednesday of October is declared a day to recognize and celebrate the pumpkin seed!

Is there any reason that Canada should not participate? We don't think so!

October in Canada offers beautiful landscapes, but it is also the month for [harvesting](#) pumpkins. Pumpkins are [used for many things](#) including: baking, carving (for Halloween), and decorating. It is when baking and carving that a favourite past-time of drying and roasting pumpkin seeds for snacks is done.

Pumpkin seeds are very nutritious, but they are not only good for eating. If you plant them in late spring, in 3-4 months you will have more pumpkins! This October 5th, celebrate National Pumpkin Seed Day and try some of [these recipes!](#)

Student Workshops (in-person)

Room 224, Williams Building 10:00 – 11:00 AM

Mon Oct 4 th	Tues Oct 5 th	Wed Oct 6 th	Thurs Oct 7 th
LEVELS 3 & 4 Workshop with Deb	LEVELS 1 & 2 Workshop with Deb	TIME WITH TEACHER MARY! Meet in Room 224 at 10 – 11 AM CST	TIME WITH TEACHER MARY! Meet in Room 224 at 10 – 11 AM CST



TIME WITH TEACHER MARY!

Mary has a few interests outside of teaching and she will share one of them with you; come to the session to learn more!

**International Student
Wellbeing During
COVID-19**

The College of Nursing is looking for student volunteers to take part in a study where you share your experiences during the recent COVID-19 lockdown.

Participation would involve ONE interview session for 60 minutes.

You may also choose to enter your name into a draw for a gift card!

[Email for more information](#)

Don't forget to register!

USLC Speaker Series
October 8th to 15th, 2021
<https://uslcstudent.usask.ca/support/uslc-speaker-series.php>

UNIVERSITY OF SASKATCHEWAN
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Parks Canada Parcs Canada

Register today!

Student Advising



Meet your Student Advisor! Lynn encourages all new and returning students to book an appointment time with her (online or in-person) to discuss your academic plans. She can help with any questions or problems you are having this term. Contact email: uslc.advisor@usask.ca

**Free Noon Hour
Concerts Featuring
the University of
Saskatchewan Amati
String Instruments**

Presented by the Diefenbaker Canada Centre in celebration of Culture Days 2021. Sure to be a music-lover's delight!

October 6, 13, 20 and 27

Must **sign-up** to attend due to USask vaccination measures

Learning Resources



Week of: October 4 - 8, 2021

<p>All sessions are at 10:00 AM CST Location: USLC Student Support Zoom Room 986 5704 6915 Passcode: LRfall2021</p>				
Monday	Tuesday	Wednesday	Thursday	Friday
Level 2	Level 3	Level 4	Level 1	NO STUDENT LOUNGE
Academic Integrity – what is it? Why is it important?	Academic Integrity – what is it? Why is it important?	Academic Integrity – what is it? Why is it important?	Academic Integrity – what is it?	Meet in 224 for Speaker Series – Wild for Wildlife!
<i>We will look at samples of situations</i>	<i>We will look at samples of situations and discuss</i>	<i>Review before the session: BY 8 Academic Integrity Part 1 WO 4 Academic Integrity Part 2</i>	<i>We will look at samples of situations</i>	<i>Learn about Canadian wildlife and your role in protecting them.</i>



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[Who we are](#)